



Canada's Finest Fitness & Lifestyle Centre

RA BADMINTON CLUB

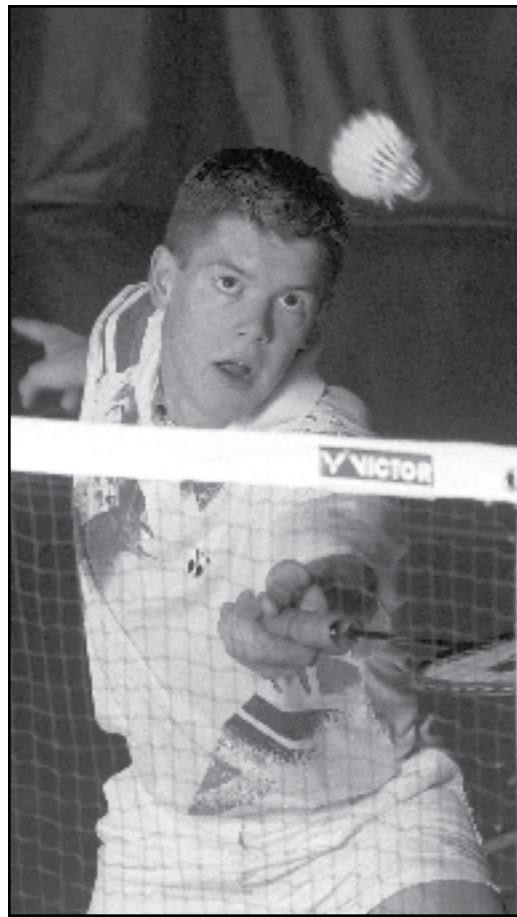
HANDBOOK 2008-09

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613-733-5100 • www.racentre.com



About Your Club.....

The RA Centre has the only dedicated badminton facility in the region and its six courts are considered by many to be the best in North America. The on-court activities are supervised by Badminton Professional Mike Bitten and Assistant Pro Doris Piché, certified coaches who competed for Canada in the 1992 Olympic Games and who are past Commonwealth Games silver medalists. Young or old, competitive or recreational, all players have a place at the RA Club.

Activities include morning play, family play, tournaments, singles and doubles ladders, intermediate and advanced nights, clinics, private, semi-private, and group lessons, socials, special nights with the professionals, and Open Play using the Play Board. The Badminton Club also boasts one of the top junior programs in Canada. For specific club rules and procedures, please read on in this Handbook and be sure to talk to the Pro if you're not sure about something!

Please note that, as a general rule, playing privileges for ALL membership types are superseded by Badminton Camps during the March School Break and during the Summer season from the end of June to the end of August, as well as several Tournament and special events as approved by the Club Executive annually and in accordance with advance notice in Club Newsletters and on schedule boards. These initiatives help raise revenues for the Club and keep member fees down.

Early discounts may apply when members re-register early (before September 1, 2008). Discounts may also be provided when registering as a couple or for more than two junior members within the same family. Please contact Mike Bitten for additional information. The RA Centre also offers combination memberships with LifeFIT for Adult and Morning members, at special rates. Please contact Member Services at 613-733-5100.

About Your Professionals...



Mike Bitten

The RA Centre's badminton professional, Mike Bitten, was a 1986 and 1990 Commonwealth Games Silver medalist and competed in the 1992 Summer Olympics in Barcelona, Spain. He has won a record eight Canadian Men's Doubles championships in his career and was ranked 12th in the world in 1992.

Apart from his playing abilities, Bitten has extensive background in coaching and is certified as a Level 3 coach by the Coaching Association of Canada.

The 2008-09 season marks Bitten's eighteenth year as the Club's Professional. His wealth of experience and enthusiasm for the sport will ensure the continued success of the RA's badminton program.



Doris Piché

The RA Centre's Assistant Badminton Professional, Doris Piché, competed in both the 1992 (Barcelona) and 1996 (Atlanta) Olympic Games. She has won numerous National Championships at the junior and Senior Levels. The highlight of her illustrious career was winning the prestigious French Open Ladies Singles championship in both 1991 and 1992.

The 2008-2009 season marks Piché's third official year as the Club's Assistant Badminton Professional.

Her boundless energy coupled with her positive attitude and enthusiasm for the sport will provide club members with a memorable coaching experience.

About your Club Executive...

The Club Executive is made up of Club Officers and Club Coordinators, all of which are voting positions, and the Club Professional, which is a non-voting position.

The positions of the Club Chairperson, Vice Chairperson, Past Chairperson, Secretary and Treasurer have been identified as Club Officers. Responsibilities are described here, but may only be changed by amending the Club Bylaws, to reflect the non-discretionary nature of these positions.

All other Executive positions are referred to as Coordinators, and they are described here for the information of members. The number of Coordinators and their responsibilities may be changed from time to time by the Club Executive, to reflect the changing program needs of the Club and its members.

Chairperson: The Chairperson shall preside at all Club and Club Executive Meetings, shall not vote except in the case of a tie, shall be an Ex-Officio Member of all Standing and Ad-Hoc Committees and shall have the authority to appoint a Club Executive member as Acting Chairperson in the absence of the Chairperson. The Chairperson provides general direction over all operations of the Club, including the member disciplinary process, and shall ensure that all decisions of the Club Executive are implemented.

Vice-Chairperson: The Vice-Chairperson shall perform the duties of the Chairperson in the latter's absence or at his request, when he/she shall have all the powers and duties of the Chairperson.

Past-Chairperson: The Past-Chairperson has no specifically assigned duties, but shall provide continuity between the old Club Executive and the new one.

Secretary: The Secretary shall take minutes of all Executive and Club Meetings, shall have custody of all documents and records pertaining to the affairs of the Club, with the exception of the financial records, and shall forward to the Association copies of minutes of all Annual, General and Executive Meetings. The Secretary is also in charge of Publicity, more specifically the Club Newsletter and Website.

Treasurer: The Treasurer shall have general supervision over all financial activities of the Club. He/she shall maintain adequate ledgers when applicable, submit a financial report at the monthly meetings of the Club Executive and at the Annual General Meeting of the Club, prepare the annual budget for the operation of the Club and submit the budget to the Club Executive for their consideration. The Club Executive is to submit the proposed budget to Recreation Management for approval.

Program Coordinator: Shall be responsible to develop the modus operandi for all Adult Programs, obtain approval by the Club Executive prior to the start of the new season, and work with the Club Professional in their implementation.

Morning Badminton: Shall be responsible to develop the modus operandi for the Morning Program, from 9-11:20 AM weekdays, obtain approval by the Club Executive prior to the start of the new season, and work with the Club Professional and Adult Program Coordinator in their implementation.

Tournaments/Socials: Shall be responsible for the overall organization of Club Tournaments and social events.

Marketing: Shall be responsible to seek new ways to attract new members and retain existing members through advertising or other media exposure. Shall implement methods to publicise new Club Programs. Shall seek sponsorships for the Club and assist elite athletes in obtaining sponsorships where appropriate. Shall lead, in cooperation with the Club Professional, the seeking of grants benefiting the Club and its athletes.

Junior Programs. Shall be responsible to develop the modus operandi for the Saturday and Weekday Juniors Programs, obtain approval by the Club Executive prior to the start of the new season. Junior Programs are for members that have purchased a Saturday Junior, Weekday Junior or Junior Plus membership. Elite players are not covered since they participate in different programs and time slots.

Junior Elite Programs. Shall be responsible, in cooperation with the Club Professional to represent the interests of elite Juniors. Elite Juniors are Juniors who are, or expected to become, high level players that will be competitive at the Provincial or National level, as selected by the Club Professional.

RA Badminton Club 2008-2009 Executive

Chairperson	Ferdy Doreleyers
Vice Chair	Wally Gerus
Secretary	Mike Conway
Treasurer	Cindy Stuart
Morning Badminton	Beverly Kieran
Program Coordinator	Rosemary Lucas-Harden
Junior Elite Program	Joseph Rogers
Marketing	Brent Harden
Junior Programs	Mark Grenier
Tournaments/Socials	Kevin Willington
Professional	Mike Bitten 733-5100 Ext. 364
Assistant Professional	Doris Piché
Club Website	www.rabadminton.com
RA Centre Website	www.RACentre.com
District Website	www.badmintonottawa.com

MEMBERSHIP TYPES: WHAT YOU GET FOR YOUR MONEY!

Adult Membership

Fee: \$465 for RA Members

Adult membership is open to persons aged 18 years or older prior to the start of the new year on September 1. Adult playing times are as shown below and access to the Club's programs are as detailed in the Program Schedules. Please note morning play now ends at 11:20 AM.

From September 1 to end School Year		
ACCESS	FROM:	TO:
Weekdays	7:00 am	11:20 am
Weekdays	3:40 pm	11:00 pm
Saturdays	2:00 pm	11:00 pm
Sundays	7:00 am	11:00 pm

From September 1 to end School Year		
During Junior Programs		
EXCEPTIONS	FROM:	TO:
Monday	4:20 pm	5:20 pm
Wednesday	4:20 pm	5:20 pm
Friday	4:20 pm	5:20 pm

During Badminton Camps (Monday - Friday)		
ACCESS	FROM:	TO:
Summer	7:00 am	9:30 am
Summer	11:15 am	1:00 pm
Summer	2:30 pm	11:00 pm
March Break	7:00 am	10:30 am
March Break	12:00 pm	1:00 pm
March Break	4:00 pm	11:00 pm

Student Membership

Fee: \$380 for RA Members

Student membership is open to full-time students between the ages of 18 and 25 prior to the start of the new year by September 1 (student card required). Student members have the same rights and privileges as Adult members.



Morning Membership

Fee: \$275 for RA Members

Morning membership is open to persons aged 18 years or older prior to the start of the new year on September 1. Morning playing times are as shown below and access to the Club's programs are as detailed in the Program Schedules. The reduced fee reflects the change in the end of morning play at 11:20 AM.

From September 1 to end School Year		
ACCESS	FROM:	TO:
Monday to Friday	7:00 am	11:20 am

During Badminton Camps		
ACCESS	FROM:	TO:
Summer	7:00 am	9:30 am
Summer	11:15 am	1:00 pm
March Break	7:00 am	10:30 am
March Break	12:00 pm	1:00 pm

Sports-Études Membership

Fee: \$295 + \$25 RA affiliation

Sports-Études membership is open only to students of Franco-Cité École Secondaire when registered through the school. Price of membership includes coaching. Please note that the Sports-Études schedule now starts at 11:20 AM and ends at 3:40 PM:

From September 1 to late June		
ACCESS	FROM:	TO:
Monday - Friday (6 courts)	11:20 am	3:40 pm

Adult Weekend Membership

Fee: \$280 for RA Members

Weekend memberships are open to persons aged 18 years or older prior to the start of the new year on September 1. It should be noted that play may be interrupted several weekends per year for Tournaments and other Events. These will be posted in advance. Play times are:

From September 1 to August 31		
ACCESS	FROM:	TO:
Saturday	2:00 pm	11:00 pm
Sunday	7:00 am	11:00 pm

Junior Weekend Membership

Fee: \$340 for RA Members

Junior memberships are open to persons aged 17 years or younger prior to the start of the new year on September 1. It should be noted that play may be interrupted several weekends per year for Tournaments and other Events. These will be posted in advance. **Saturday coaching starts on September 20.**

The price of membership includes one hour of coaching every Saturday. Coaching starts in September and continues until mid-April. From mid-April to the end of August there is free play. During Family Time, Juniors under the age of 12 must be accompanied by an adult badminton member. Play times are:

From September 1 to August 31		
ACCESS	FROM:	TO:
Saturday	7:00 am	2:00 pm
Saturday Family time	6:00 pm	11:00 pm
Sunday Family time	7:00 am	2:00 pm

Within the Saturday Program Schedule, the following coaching schedule applies:

Free Play	7:00 am	9:00 am
Age 07 - 11	9:00 am	10:00 am
Age 12 - 14	10:00 am	11:00 am
Age 15 - 17	11:00 am	12:00 pm
High Perf.	12:00 pm	2:00 pm By invitation only

Junior Weekday Membership

Fee: \$370 for RA Members

Junior memberships are open to persons aged 17 years or younger prior to the start of the new year on September 1. **Weekday coaching starts on September 22.**

The price of membership includes a structured coaching program from September until mid-April between 4:20-5:20 PM on Monday and Wednesday, structured free play on Friday, and free play time in the remainder of the allotted time, including from mid-April to the end of August. During Family Time, Juniors under the age of 12 must be accompanied by an adult badminton member. Please note that, because of daytime schedule changes, Weekday Junior times now start at 4 PM. Play times are:

From September 1 to August 31		
ACCESS	FROM:	TO:
Monday	4:00 pm	6:00 pm
Wednesday	4:00 pm	6:00 pm
Friday	4:00 pm	6:00 pm
Saturday Family time	6:00 pm	11:00 pm
Sunday Family time	7:00 am	2:00 pm

Junior Plus Membership

Fee: \$500 for RA Members

Junior memberships are open to persons aged 17 years or younger prior to the start of the new year on September 1.

The price of the Junior Plus membership includes all of the benefits and playing privileges of both Junior Weekend and Junior Weekday memberships. Please note that, because of daytime schedule changes, Junior Plus times now start at 4 PM. Play times are:

From September 1 to August 31		
ACCESS	FROM:	TO:
Monday	4:00 pm	6:00 pm
Wednesday	4:00 pm	6:00 pm
Friday	4:00 pm	6:00 pm
Saturday	7:00 am	2:00 pm
Saturday Family time	6:00 pm	11:00 pm
Sunday Family time	7:00 am	2:00 pm

Summer Adult Membership

Fee: \$200 for RA Members (plus \$25 for Non-RA Members)

Summer Adult memberships are available on April 1, 2009 and are open to persons aged 17 years at that date.

Summer Adult Members have the same playing privileges as Adult members, for the specified period April 1 to August 31. However, Summer Members are not entitled to bring guests, nor are they recognized as voting members at any Club meeting, unless they have also signed up as Adult Members for the following year. Summer Members are expected to adhere to all Club rules, in particular the use of the Play Board.

There is NO pro-rating of the Summer fee. Instead, the Club attempts to attract new Adult members by offering the 2009 Summer Adult Membership PLUS the 2009-10 Adult Membership at the non-discounted price of the 2009-10 Adult Membership. That's 17 months for the price of 12 months!

Summer Junior Membership

Fee: \$175 for RA Members (plus \$25 for Non-RA Members)

Summer Junior memberships are available on April 1, 2009 and are open to persons aged 16 years or younger at that date.

Summer Junior Members have the same playing privileges as Junior Plus members, for the specified period April 1 to August 31. However, Summer Junior Members are not entitled to bring guests, nor are they recognized as voting members at any Club meeting. Summer Members are expected to adhere to all Club rules, in particular the use of the Play Board.

There is NO pro-rating of the Summer fee.



CLUB PROGRAMS

The Club Executive is responsible for the management of Club programs and in that capacity may make changes from time to time in order to provide a more satisfactory badminton experience for all members and to ensure the continued sustainability of badminton programs at all levels. For all Programs and Summer play times, please refer to both the Membership descriptions and the Program Schedules and watch out for other advice on special events or changed play times. You may contact Professional Mike Bitten for more information.

Junior Program

Fee: Membership fee

The Junior program is open to Junior members at times designated for the particular Junior membership. The goal of the Club is to provide opportunities for juniors to participate and improve in the sport of badminton. Formal coaching is included with the various Junior membership fees at times when all courts are dedicated to Juniors. Free play time is also included. All Junior members have access to the Family Time Program.

Sports-Études Program

Fee: Membership fee

The Sports-Études Program is open only to students of Franco-Cité École Secondaire when registered through the school. This Program is a partnership between the RA Badminton Club and Franco-Cité to promote badminton as a life sport to students in grades 7 through 12 as part of the school curriculum. This has been a tremendous growth area for the Club, with some 120 members expected for the 2008-09 season. Not only does it make full use of afternoon court times previously only sparsely populated, this Program represents a considerable source of revenues that will help the financial health of the Club. The RA have also seen spin-off effects on sport shop and catering revenues and as a Club we look forward in eventually welcoming many of these junior players and even some of their parents as full-time Adult members.

Junior Elite Program

Fee: Current Coaching fees

This Program is open to Junior members who have demonstrated a high level of playing skills and have the potential to be selected for Provincial or National teams, but is strictly by invitation from the Club Professional. The program is subject to additional coaching fees at the current price. Additional playing time has been set aside to support these young athletes, on Tuesdays and Thursdays from 4:00 – 6:00 PM.

Morning Badminton Program

Fee: Membership fee

The Morning Badminton Program is open to all Adult, Student and Morning members. Because of the new 11:20 AM start of the Sports-Études Program, the Morning Badminton Program has been extended from 11:00 AM to 11:20 AM. However, it should be recognized that more members may be playing during the morning hours for this reason. While we will begin the new season with the existing playing procedures, it may be necessary to re-evaluate them during the season to accommodate the greater numbers. At this time, the focus for the Morning Badminton Program is different on Mondays, Wednesdays and Fridays from Tuesdays and Thursdays. Members are encouraged to follow the following guidelines to ensure they get matches at their appropriate level of play.

On Tuesdays and Thursdays, the emphasis is more on members at the intermediate and social levels. The Play Board system is used to have players mix, regardless of level or ability. A daytime coordinator is present to answer questions and help members, new and veteran, to set up foursomes for doubles play. When one or more courts are not required for play under this system, members may set up their own games on vacant courts with the permission of the coordinator.

On Mondays, Wednesdays and Fridays, the focus is on players at more advanced playing levels. The Play Board system is also used to set up games. However, because of the possible differences in the level of fitness and playing level of members attending, those wishing to play at a higher level of competition may ask the Professional to be identified with a "blue dot" and may place their name tags under the "Waiting for a Blue Dot Game" tag to await a game with other players so identified.

Members wishing to play with plastic shuttles may wish to participate in the "shuttle pool". This involves paying a fee upon registration so that it is not necessary to bring your own plastic birds. For more information, call Daytime coordinator Bev Kieran at 613-521-4941.

Coaching Program

Fees: Please contact Club Pro

Coaching is available to all Club members. Club Professional Mike Bitten and Assistant Professional Doris Piché offer private, semi-private (2 people) and group (3-4 people) lessons for all ages and levels of play. The lessons depend on players' ability or preference for a specific area of instruction. Lessons vary from an introduction to basic strokes and drills to advanced training and strategy. Coaching times may be arranged at the discretion of the Professionals. Please contact Mike Bitten to arrange for a suitable time for you.

Family Time Program

Fee: None

Family Time is open to all Adult, Student, Weekend and Junior members, but not Franco-Cité members. The intent of the Program is to provide playing opportunities for Adult members and their children who are Junior Weekend, Junior Weekday or Junior Plus members. Times set aside for this are Saturdays from 6PM to 11PM and Sundays from 7AM to 2PM. Juniors under the age of 12 must be accompanied by an Adult member. Court times are shared with other members who may not be playing with Juniors. If people are waiting to play, the use of the Play Board is mandatory to provide equal playing opportunities to everyone.

Singles Box Ladder

Fee: None

The Singles Box Ladder is open to all Adult and Student members, and high level Junior players on the recommendation of the Club Pro. The purpose is to promote Singles play for the more competitive players and to allow players to gauge their badminton proficiency in comparison with others. Players are ranked in "boxes" and must play others within their "box". Promotion to a higher level box or demotion to a lower box is determined based on standings. Matches are arranged by competitors during times when singles play is allowed and does not cause others to be waiting (refer to rules of play elsewhere in these pages). The Ladder will start in early October. In early September, please look for further information concerning this program on the badminton bulletin boards and/or flip charts in the Badminton Lounge.



Doubles League

Fee: None

The Doubles League is open to Adult and Student members and high level Junior players on the recommendation of the Club Pro. The purpose is to promote Doubles play for the more competitive players and to allow players to gauge their badminton proficiency in comparison with others. The League is on Monday nights starting in early October and goes until late March, with time off for the Christmas break and March Break. Because of the large number of participants and the logistics of getting all matches played, all six courts are used for this program and play starts at 7:40 PM sharp, no exceptions. Late arrivals will not be allowed to play league games that night, but may participate in regular Board play after Doubles League play ends (usually around 9PM). Members move up and down the standings based on total scores for the games played in comparison with others. Missing a night also causes players to be moved downwards. In early September, please look for further information concerning this program on the badminton bulletin boards and/or flip charts in the Badminton Lounge.

Daytime Competitive Program

Fee: None

The Daytime Competitive Program is open to Adult, Student and Morning members. Its intent is to encourage more competitive players to accept some conditioning and coaching and do drills to improve their doubles game, as well as to have competitive games arranged by the Professionals and other coaches and high level players. Because of the wide diversity in playing skills and fitness of the participants, all six courts are used and the Professional will normally manage this program at two different playing levels, although the basic intent of the Program remains the same for all participants.

Because of changes to the daytime schedule, this Program is suspended until a suitable alternate time frame can be found.

Playmaker Program

Tuesday - Thursday Nights • 7:00 pm - 11:00 pm

Fee: None

The Playmaker Program is open to Adult and Student members. Its intent is to promote interaction between all players during evening hours, by having the Professionals and volunteers set up games at the right competitive level for each player. The program's intent is to introduce new members to other players and to the Club's way of using the Play Board and to provide social and intermediate level players an opportunity to have good games at their own level. More advanced players are welcome to join these fun evenings on Tuesdays and Thursdays from 7:00 – 11:00 PM for which all six courts are set aside. Keep an eye on special treats on some nights!



National Training Centre

The National Training Centre is open only to national level elite players. Our Club is home to many of Canada's elite players, many of them "home-grown" through our own junior programs. Our athletes have won numerous national and international titles and have represented our Club and Canada at events all over the world, including the Olympics, World Championships, Commonwealth Games and Pan-American Games. These players normally train during off-peak hours and members are invited to watch the extreme high level of badminton as they train and compete among themselves to get better. They give much back to the Club, assisting in many adult and junior programs, as well as outreach initiatives, membership drives and special events.

Because badminton is not one of the high profile sports, players do not get a lot of Government funds. The Centre depends on minimal annual grants, presently only about \$5,000 for the whole Centre. For the rest, our athletes depend on their own resources and those of hard-to-find sponsors. While the Club supports them in many ways, we have not been in a position to provide any direct financial support to these fine athletes. The Training Centre operates on its own budget within the Club's finances.

Please check our National Champions Board located in the Badminton Lounge to see photos of our past and present Training Centre athletes and a list of some of their accomplishments.



Badminton Camp

March Break / Summer 2009

Fee: RA Members: \$250 / week
Non-RA Members: \$275 / week

Badminton Camps are open to the public as well as RA Badminton Club members. Camps are for persons aged 6 through 15. Camps last 5 days (Monday through Friday) and are presented during March Break and for 10 weeks after school ends in June. All six courts are used and are not accessible to members during the hours indicated in the Program Schedule.

The purpose of the Badminton Camps is to expose young people in the region to the sport of badminton, to provide top level coaching to both novice players and more experienced youngsters, and to make maximum use of the badminton courts during the summer daytime period when many regular members have stopped playing. Camps also directly contribute to the financial well-being of the Club and showcase the RA Centre as a top-notch sports centre and badminton facility.



PROGRAMS September 1 - end of June

Monday, Wednesday, Friday

Open to:	Programs	# of courts	From:	To:
Adult Student Morning	Open Play using Play Board	6 courts	7:00 am	9:00 am
Adult Student Morning	Morning Badminton Program - using Play Board	6 courts	9:00 am	11:20 am
Sports-Études	Sports-Études Program	6 courts	11:20 pm	3:40 pm
Adult Student	Open Play using Play Board	6 courts	3:40 pm	4:00 pm
Adult, Student Jr. Weekday, Jr. Plus	Open Play using Play Board Junior Program - Free Play	3 courts 3 courts	4:00 pm	4:20 pm
Jr. Weekday Jr. Plus	Junior Program - Coaching	6 courts	4:20 pm	5:20 pm
Jr Weekday Jr Plus Student & Adult	Junior Program - Free Play Open Play using Play Board	3 courts 3 courts	5:20 pm	6:00 pm
Adult, Student	Open Play using Play Board	6 courts	6:00 pm	7:40 pm
Adult, Student	MON: Doubles League (Oct.-March) WED/FRI: Open Play using Play Board	6 courts	7:40 pm	9:00 pm (approx.)
Adult, Student	Open Play using Play Board	6 courts	9:00 pm (approx.)	11:00 pm

PROGRAMS September 1 - August 31

Sunday

Open to:	Programs	# of courts	From:	To:
All Juniors Adult Student Weekend	Family Time Program Open Play using Play Board	6 courts	7:00 am	2:00 pm
Adult Student Weekend	Open Play using Play Board	6 courts	2:00 pm	11:00 pm

PROGRAMS September 1 - end of June

Tuesday, Thursday

Open to:	Programs	# of courts	From:	To:
Adult Student Morning	Open Play using Play Board	6 courts	7:00 am	9:00 am
Adult Student Morning	Morning Badminton Program - all levels - using Play Board	6 courts	9:00 am	11:20 am
Sports-Études	Sports-Études Program	6 courts	11:20 pm	3:40 pm
Adult Student	Open Play using Play Board	6 courts	3:40 pm	4:00 pm
Jr. Elite Adult Student	Junior Elite Program Open Play using Play Board	3 courts 3 courts	4:00 pm	6:00 pm
Adult Student	Open Play using Play Board	6 courts	6:00 pm	7:00 pm
Adult Student	Playmaker Program	6 courts	7:00 pm	11:00 pm

PROGRAMS September 1 - August 31

Saturday

Open to:	Programs	# of courts	From:	To:
Jr. Plus, Jr. Weekend	Junior Program - Free Play	6 courts	7:00 am	9:00 am
Jr. Plus, Jr. Weekend	Junior Program - Coaching	6 courts	9:00 am	12:00 pm
Jr. Plus Jr. Weekend	Junior Program - High Performance - by invitation	6 courts	12:00 pm	2:00 pm
Adult Student Weekend	Open Play using Play Board	6 courts	2:00 pm	6:00 pm
All Juniors Adult Student Weekend	Family Time Program Open Play using Play Board	6 courts	6:00 pm	11:00 pm

PROGRAMS late June - end August

Monday to Friday

Open to:	Programs	# of courts	From:	To:
Adult Student Morning	Open Play using Play Board	6 courts	7:00 am	9:30 am
Campers	Badminton Camp	6 courts	9:30 am	11:15 am
Adult Student Morning	Open Play using Play Board	6 courts	11:15 am	1:00 pm
Campers	Badminton Camp	6 courts	1:00 pm	2:30 pm
Campers Adult Student	Badminton Camp Open Play using Play Board	3 courts 3 courts	2:30 pm	4:00 pm
Juniors Adult Student	Junior Program - Free Play Open Play using Play Board	3 courts 3 courts	4:00 pm	6:00 pm
Adult Student	Open Play using Play Board	6 courts	6:00 pm	7:00 pm
Adult Student	TUE/THU: Playmaker Program MON/WED/FRI: Open Play using Play Board	6 courts	7:00 pm	11:00 pm

PROGRAMS - March Break

Monday to Friday

Open to:	Programs	# of courts	From:	To:
Adult, Student, Morning	Open Play using Play Board	6 courts	7:00 am	10:30 am
Campers	Badminton Camp	6 courts	10:30 am	12:00 pm
Adult, Student, Morning	Open Play using Play Board	6 courts	12:00 pm	1:00 pm
Campers	Badminton Camp	6 courts	1:00 pm	4:00 pm
Juniors Adult, Student	Junior Program - Free Play Open Play using Play Board	3 courts 3 courts	4:00 pm	6:00 pm
Adult, Student	Open Play using Play Board	6 courts	6:00 pm	7:00 pm
Adult, Student	TUE/THU: Playmaker Program MON/WED/FRI: Open Play using Play Board	6 courts	7:00 pm	11:00 pm

* Please be advised that from time to time program dates and times maybe adjusted or cancelled due to special circumstances i.e. tournaments, exhibitions, training camps, school activities etc.

RA Members' Code of Ethics

1. Respect people and property;
2. Support the activities to the maximum degree possible;
3. Strive to achieve safe and honourable participation;
4. Take pride in the RA and exhibit sportsmanship;
5. Participate to have fun and be fit.

RA Badminton Club Code of Conduct

1. No abusive language or conduct towards RA members, Club Professionals, Club Executive or RA staff will be tolerated;
2. No members shall damage RA property, including the Badminton courts and lounge;
3. All members shall respect and abide by the Play Board system to ensure a fair and enjoyable atmosphere for all;
4. A basic level of competency at the game of badminton is expected;
5. All coaching is provided by the Club Professionals or their designate;
6. To maintain playing access for Club members only, shoe tags must be worn by members at all times when on court;
7. All members shall abide by appropriate court etiquette;
8. All members (excluding Summer Adult or Junior members) may bring guests when authorized by the Club Professional or their designate, or the RA Recreation Manager.

Badminton Court Etiquette

To ensure the quiet and safe enjoyment of badminton by all members, Club members are expected to adhere to the RA Code of Ethics and the RA Badminton Club Code of Conduct. Any Badminton Club member found to be in violation of these will have their case reviewed by the Club Executive and/or the RA Management and appropriate sanctions will be taken. While all RA-wide processes apply and take precedence, the Club has complemented its own Bylaws to describe in more detail the process that will be followed.

As a new member, you may not be aware of what to expect in the area of court etiquette or conduct. In conjunction with the Code of Conduct, the points listed below are simply a matter of common courtesy extended to and expected by most badminton players:

1. **Walking between courts.**
Please be aware of games in progress when you are walking by or between the courts. It's very distracting to those playing when someone walking by is talking loudly or inadvertently strays onto the court. It can also be dangerous if the payer does not see someone walk across the corner of the court and backs up to take a shot. Please wait until the rally is finished before you go between and around the courts.
2. **Foul language.**
Unacceptable at any time.
3. **Calling lines.**
Calling lines is often a controversial issue. However, if you're in doubt as to whether the bird is in, on the line, or out, you should call it in favour of your opponent. Be courteous and accept line calls in the spirit that most players offer them: honestly.
4. **White clothing.**
This is a traditional rule in badminton that is not strictly observed but encouraged at the Club. Coloured clothing is acceptable. The Club wishes to ensure a standard of dress on the court. Ripped T-shirts or cut-off shorts are not acceptable.
5. **Phone and cell phones.**
When using the phone in the Badminton Lounge, please limit your conversation to five minutes. Please turn off your cell phones while on the courts. Do not interrupt games and check for messages on completion of the match.
6. **Courtesy please.**
In general, be considerate to your fellow players. Accept games with lower caliber players so they learn to improve too. If someone looks lost, offer to help them. Often, new members simply don't understand the rules and need information. Don't be afraid to ask someone you don't know to play with you. Check his/her colour code on the name tag (explained elsewhere) so that the skill levels are not too drastically different. Enjoy your game!
7. **Respect for Programs.**
The badminton courts may, from time to time, be used exclusively for Club Programs or be shared by different Programs or different age groups. Juniors or camp participants may be expected to be somewhat more noisy than adult players. It is expected that all members will recognize and support Club Programs and show participants the common courtesy to enjoy these programs.

Badminton Playing Procedures

- 1. Colour Dots.** Colour dots are placed on name tags to identify a player's approximate level of play and are intended to help members make up suitable games with other players. By having asked for a ranking, members indicate that they would like to play games at their particular level of ability. Please respect that when selecting a game. You may ask the Club Pro to assign you the appropriate level. He has a lot of experience in assessing players' playing abilities! The following describes the various playing levels:
 - i) Blue.** Equivalent to Provincial "A" or "B" ranking. These players have achieved a high level of skill and are very competitive in nature.
 - ii) Green.** Equivalent to a Provincial "C" or "D" ranking. These players are competitive in nature and play at a reasonable skilled level.
 - iii) Red.** Advanced Club players or former competitive players who no longer play in tournaments. They have a good knowledge of strategy and can perform the basic shots fairly consistently.
 - iv) Yellow.** Intermediate Club players who understand badminton strategy and enjoy competitive games but are not as yet consistent with the basic shots.

PLEASE NOTE. A slightly different ranking system is used for the Morning Badminton Program. The "blue dots" assigned to some players does not reflect the description above but simply indicates these players wish to wait for a game with other players with a "blue dot".
- 2. Play Board.** The Play Board contains magnetic name tags for all members. Colour stripes on the tag identify the type of membership. Colour dots on the tag identify a player's approximate "ranking" (see above). On the right side of the Play Board, there are blocks from left to right for each of the courts numbered 1 through 6 and several blocks below each of these, indicating 20-minute time slots (clock times are hand-written to the left). An "on-deck" stack is located to the left of this, holding all of the name tags of players waiting for a game.
- 3. Play Board procedures.** When you're ready to play, place your name tag below any other name tags on the "on-deck" stack. You will either be picked for a game by the person at the top of the stack, or your name will eventually rise to the top, allowing you to make up a game. In setting up a game, you place your name tag along with other players of your choice on an empty block on the Play Board, thus reserving a specific court at a specific time. After your game, return your name tag below any others on the "on-deck" stack and the process starts over. To indicate that you do not wish to be picked again after your current game, place your name tag sideways in the reserved block.

PLEASE NOTE. During Open Play times, singles matches are allowed only if they do not cause anyone to have to wait for more than 20 minutes to get on court. This will ensure that all members present have an equal opportunity to get on court and play.
- 4. Guest Rules.** Members wishing to bring in a guest must contact Club Professional Mike Bitten (613-733-5100 ext. 364) or RA Recreation Manager Eric Campbell (613-736-6221) for approval. If approved, a guest pass and name tag (to be worn by the guest) will be left with Member Services at the East Desk. Adult Members may play with pre-approved Junior guests only during periods designated as the Family Time Program, after payment of the Guest Fee. The Club Pro monitors the use of guest passes to ensure that they are not used instead of guests joining as Club members. Summer members do not have the privilege of bringing in guests, due to possible overcrowding. Guest fees are \$10.00.
- 5. Lost Membership card.** If you misplace your membership or swipe card, simply request another from Member Services at the East Desk. There will be a \$10.00 fee charged by the RA to replace lost cards.

Publicity

The RA Badminton Club publishes its Court Circular newsletter several times per year. Each member is mailed a copy of this Newsletter (one per family). Any articles or suggestions for articles should be directed to the Club Professional or may be left with Member Services at the East Desk. Members may also visit the RA website at www.RACentre.com, the RA Badminton Club website at www.rabadminton.com or the Ottawa District Badminton Association website at www.badmintonottawa.com/

Tournaments & Socials

Several tournaments and special events are organized by the Club each year. Some are open to Club members only, others are open to other Clubs affiliated with the Ottawa District Badminton Association (ODBA), the Ontario Badminton Association (OBA), or even international players. The following is a list of presently known events. Please watch for any possible change in dates.

Please note that the badminton courts will be closed for regular play from 5 p.m. Friday, April 17, 2009 through 5 p.m. Saturday, April 25 to host the final Junior tournament of the year ("The Rush") and the 61st Canadian National Seniors and Masters tournament.

October 24 - 26, 2008
"The Smash"
Junior & U23 Ranking Tournament

November 28, 2008
"The Drive"
U23 Ranking Tournament (all other Junior age groups are held at Gisele Lalonde on Nov 29-30)

January 17 - 18, 2009
ODBA Mark Grantham Team Challenge

February 6 - 8, 2009
ODBA Seniors & Masters

March 6 - 7, 2009
RA Club Championships

April 17 - 19, 2009
"The Rush"
Junior & U23 Ranking Tournament

April 20 - 25, 2009
National Seniors & Masters Championships

July / August, 2009
RA Dave Waddell Summer Open
(date to be determined)

Anytime
Surprise snack nights

PROTECTIVE EYEWEAR

The existing Ontario Badminton Association (OBA) policy on eye protection is that all Junior players in Ontario must wear protective eyewear meeting the ASTM F803 Standard where there are more than two players on the same court at all OBA, District or affiliated club activities.

Because the Ottawa District Badminton Association (ODBA) has agreed that it cannot oblige private Clubs, such as the RA Badminton Club, to enforce this policy and that, in any event, enforcement is left to individual Clubs and tournament organizers, it has adopted the policy that normal prescription eyewear may be used in District and Club activities and in non-OBA-sanctioned tournaments, even though such eyewear does not meet the ASTM F803 standard, on the condition that parents are made aware of the risks involved, AND that parents accept all liability for injuries their children may sustain as a result of not using eyewear that meets the standard.

The RA Badminton Club and the RA Centre are very concerned about the safety of its members. However, because this policy has not been accepted by the International Badminton Federation, Badminton Canada as our national organization, or by many of the large number of other Canadian provincial and district associations, we do not feel obliged at this time to implement protective eyewear as mandatory.

Notwithstanding this present position, the RA Badminton Club and the RA Centre strongly urge parents to consider the potential for eye injuries and to encourage their children to wear protective eyewear. In allowing their children to NOT wear this equipment, parents are assumed to have accepted any liability for injury.

Regardless, participation in any tournament or event sanctioned by the OBA or the ODBA, all Junior participants MUST wear the protective eyewear in accordance with the policies, or they will NOT be allowed to participate.

RA Sports Shoppe

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 Pour tous vos besoins de sport et de conditionnement physique

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Team uniforms available

Silk screening & embroidery services



RA Centre / East Wing

tel.: 613-733-1302 fax: 613-736-6238

Come and enjoy the friendly atmosphere
 of the RA's Fieldhouse Bar & Grill

Open for breakfast, lunch & dinner • 7 days a week

613-736-6203

RA Centre • East Wing • Overlooking the Ray Kinsella Arena

TWO UNIQUE LOCATIONS ONE EXTRAORDINARY SERVICE

The RA Centre has been providing high quality food services for over sixty years. We are proud to have expanded our service to include the Maple View Room at the historic Rideau Tennis Club. This is located in a beautiful setting along the picturesque Rideau River. Both locations offer the very best in food quality, selection and customer service.

BANQUETS & WEDDINGS

Our elegantly appointed banquet rooms will impress even the most discerning couple. Our facilities can accommodate 20 to 250 persons and our qualified staff is here to assist you through every step of the way.

Your special day includes:

- Complimentary banquet hall (minimum guarantee required)
- Elegant linens, tapered candles and bud vases
- Complimentary cake cutting service in the evening
- Ample free parking
- Professional staff to meet your every need.



RA Centre Event & Conference Services 2451 Riverside Drive and 1 Donald Street, Ottawa
 613-733-5100 www.racentre.com catering@racentre.com



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