

Swimming - RA Outdoor Pool Schedule

Pool opens Saturday, June 22, 2019

Bring the Whole Family!

Staying in town this summer? Consider a Family Pool Membership!

Swimming is a great way for families to get moving and have fun together. Whether you want to swim laps, join an AquaFIT class, enrol the kids in swimming lessons or simply cool off, the RA's Outdoor Pool is the place to be!

This outdoor facility offers a large, heated L-shaped pool with a diving section and a smaller teaching pool with a constant depth of 3.5 feet. The spacious pool deck is equipped with shady awnings, lounge chairs and picnic tables, and toys such as flutter boards and pool noodles. An outstanding team of aquatics professionals lead programs and oversee the operations. All of this makes the RA outdoor pool the best place in Ottawa to spend a sunny afternoon.

Large Pool - heated L-shaped pool

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:00 pm - 1:00 pm	Lane Swim (1) Adult Leisure Swim (1/4 pool) AquaFIT (12:15 - 1:00pm)	Lane Swim (4) Adult Leisure Swim (1/4 pool)	Lane Swim (1) Adult Leisure Swim (1/4 pool) AquaFIT (12:15 - 1:00pm)	Lane Swim (4) Adult Leisure Swim (1/4 pool)	Lane Swim (1) Adult Leisure Swim (1/4 pool) AquaFIT (12:15 - 1:00pm)	Lane Swim (4) Adult Leisure Swim (1/4 pool)	Lane Swim (4) Adult Leisure Swim (1/4 pool)
1:00 pm - 5:00 pm	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim
5:00 pm - 6:00 pm	Lane Swim (1) Leisure Swim	Leisure Swim (1/4 pool) AquaFIT (5:15 - 6:00pm)	Lane Swim (1) Leisure Swim	Leisure Swim (1/4 pool) AquaFIT (5:15 - 6:00pm)	Lane Swim (1) Leisure Swim	Leisure Swim	Leisure Swim
6:00 pm - 7:00 pm	Lane Swim (4) Adult Leisure Swim (1/4 pool)	Lane Swim (4) Adult Leisure Swim (1/4 pool)	Lane Swim (4) Adult Leisure Swim (1/4 pool)	Lane Swim (4) Adult Leisure Swim (1/4 pool)	Lane Swim (4) Adult Leisure Swim (1/4 pool)	Lane Swim (4) Adult Leisure Swim (1/4 pool)	Lane Swim (4) Adult Leisure Swim (1/4 pool)

Small Pool - heated constant depth of 3.5 feet

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:00 pm - 4:00 pm	Camp Swim	Camp Swim	Camp Swim	Camp Swim	Camp Swim	Leisure Swim	Leisure Swim
4:00 pm - 7:00 pm	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim	Leisure Swim

	Pool Day Passes		RA Pool Membership	
	RA Member	Non-RA	RA Member	Non-RA
Tots* (0-2 yrs)	Free	Free		
Child/Teen (3-18 yrs)	\$ 2.00	\$ 3.00	\$ 50.00	\$ 70.00
Seniors (60+)	\$ 3.00	\$ 4.00	\$ 70.00	\$ 90.00
Adult	\$ 5.00	\$ 6.00	\$ 80.00	\$ 100.00
Family**	\$12.00	\$15.00	\$170.00	\$190.00

*Tots must be accompanied by paying adult.

**Family include maximum of 2 adults and their dependant children/youth (ages 3 to 18).

AquaFIT Day Passes			
	RA Member	Non-RA	LifeFIT Member
Adult/Senior	\$ 5.00	\$ 6.00	Free

Camp Swim: Reserved for RA Camp.

Lane Swim: Minimum 8 years old. Continuous lap swimming. Must demonstrate their ability to swim 25M uninterrupted.

Leisure Swim: All ages. Unstructured swim time. (Swim safety & admission requirements apply.)

Adult Leisure Swim: Swim time for adults 18 years old.

AquaFIT: Minimum 12 years. Drop In (\$) *No fee for LifeFIT Full members. Added benefits of the water's resistance and extra support for your muscles and joints while working out.

General Pool Rules

- Proper swim attire is required.
- All patrons MUST shower with soap in change room before entering the pool.
- Glass or breakable items are NOT permitted. Alcohol is prohibited.
- Anyone not toilet trained must wear water resistant swimwear to prevent contamination of the pool. Cloth or disposable diapers are not accepted.
- Persons with open cuts, sores, bandages, are NOT permitted in the pool.
- Animals are not allowed in pool area, with the exception of guide dogs.
- Due to limited numbers of loungers, they are available on a first come first serve basis. If you're not using a lounger, please leave it free for someone else to use.

Pool Rental

Ask about our special rental rates for birthday parties, club get-togethers, camp groups and other special events.

Please note: Swim schedule is subject to change



RA Centre, 2451 Riverside Drive, Ottawa, ON K1H 7X7

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