

PRACTICE ICE PROTOCOL for RACC members – 2022/2023 season

All timeslots identified for practice ice are solely for members of RACC leagues. The practice ice is available at no additional cost, however practice ice must be reserved in advance. Practice ice is allocated in one-hour intervals (unless it is to be used for a rescheduled game when a two-hour interval can be reserved).

Practice Ice for RACC League Members

- Check the schedule of available ice on the Member pages of the RACC website: <https://www.racentre.com/adult-clubs-programs/ra-curling-club/member-pages/practice-ice/>
- Contact Cynthia Gray to request a sheet:
cynthia.gray.racc@gmail.com
- Requests can be submitted one week in advance

Available Practice Ice:

Saturdays: 11:00 A.M. to 12:00 P.M. and 12:00 P.M. to 1:00 P.M. All five sheets are available.

Weekdays: Once the leagues get underway and the number of sheets each requires has been identified, any unused sheets will be added to the roster of available practice ice times. The times and number of available sheets will be posted on the website and modified as necessary as the season progresses.

There may be times during the season when practice time is unavailable, either because of maintenance or due to bonspiels, or when the ice has been rented.

All sheets will be limited to a maximum of four players for practice.

Rescheduled games:

Where two consecutive hours are available for practice, the two hours can be reserved for a rescheduled game (up to eight players).

Procedure to Book Practice Time

1. Email the Practice Ice Coordinator Cynthia Gray (cynthia.gray.racc@gmail.com) to reserve a sheet of ice for practice or a rescheduled game.
 - Include the names of the curlers that will be using the sheet when you make your request.

- Include your preferred time and date in your request. If desired you may indicate a first and second preference.
 - If you have fewer than four curlers, please indicate whether or not other curlers can be assigned to your ice.
 - You will receive an email confirmation regarding your practice time and sheet number.
 - If you need to cancel, please inform the Coordinator so that the sheet can be re-assigned to other curlers.
2. The practice times will be available for booking up to a week in advance. They will be available on a “first come / first served” basis. Your practice ice reservation will be confirmed two days prior to your scheduled time. To be fair, if there are members who request practice time frequently, their requests may be filled AFTER other requests are filled.
 3. You can only reserve the ice for one week at a time. If the requested practice ice is full, you will be given priority for the following week.
 4. Practice ice schedules, with any changes made, will be retained by the Coordinator until the end of the curling season.

Please note: Individuals or a group may invite an instructor to attend a practice session. It is their own responsibility to organize this coaching.